PARENTAL SUPPORT
PARENTS INVOLVEMENT FORMS AN INTEGRAL PART OF PLANNING AND EXECUTION.
VARIOUS COMMITTEES ARE FORMED FOR DAY TO DAY ACTIVITIES.

Plan of Action for the New Normal

Covid-19 pandemic has impacted every aspect of our lives in one way or another and it is suggested that an effective covid-19 vaccine might take yet another year to develop. Given the critical role education plays in the cognitive and affective development of young students, we must make meaningful effort into devising strategies as to how we might resume school operations before the vaccine becomes available without compromising the safety of our students. Considering what we now know about how the virus spreads, it seems that the best course of action would be to adopt a set of rigorous measures that would effectively prevent the spread of the virus among students and staff when they are in transit between their residence and school and when they are within the school premises. **To this end, we have devised a two-pronged plan aimed at:**
   a) **preventing the contagion from entering the school premises, and**
   b) **preventing the spread of the contagion through person-to-person and surface-to-person mechanisms within the school premises.**

To prevent the virus from entering school premises, we have made arrangements to run comprehensive background checks on all students, staff and their immediate family members which includes medical and travel history since the beginning of the year 2020. Background checks have been made mandatory for all individuals who wish to gain admission to school premises. We have made provisions to ensure thorough sanitization of school buses before and after they pick and drop students. At the school's main entrance gate, we have installed touchless sanitation devices to sanitize hands, shoes and bags, and also a temperature sensor that measures and records the body temperature of every individual who enters the campus. To further reduce the chances of contamination, we have, for the time being, suspended our canteen services and dealings with vendors as it is difficult to ascertain whether the materials being imported from outside are contamination free. We have also suspended all activities requiring face-to-face interaction with individuals not affiliated with school. Such activities are to be held virtually.
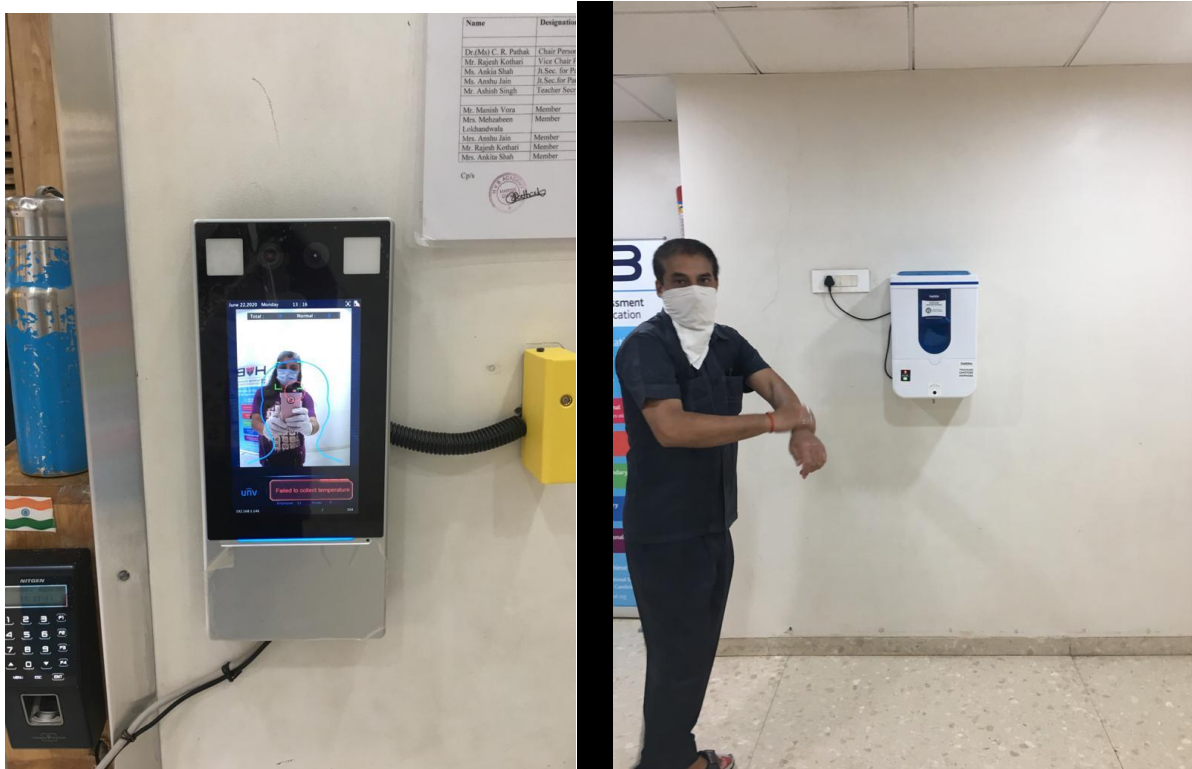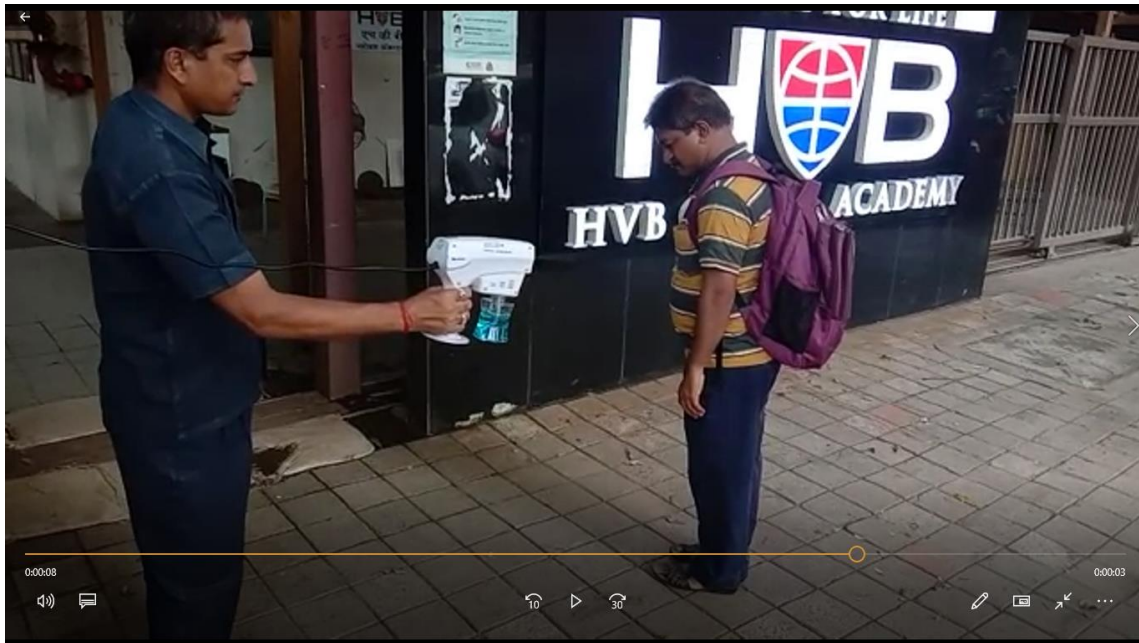
To prevent the contagion from spreading within the school premises, we have adopted a set of rigorous measures which includes social distancing norms and regular sanitation which all individuals within the school premises are required to observe. We have installed hand sanitizers in all classrooms, outside of washrooms and elevators. On a given day, only half of the total strength of a given class will attend the class in person whereas the remaining half

will attend the class virtually from home. Recess and lunch breaks will be staggered and sports suspended to limit crowding and physical interactions. Elevators are installed with touchfree buttons. All classrooms and desks will be cleaned and sanitized on a daily basis. We have designed orientation programs for our entire janitorial and security staff to train them in safety operation procedures and social distancing norms. In addition, we have appointed a committee of teachers that will monitor all activities and ensure that the approved safety operating procedures are being implemented throughout the school premises.

In order to allow students and staff sufficient time to adapt to the new normal, we will resume the regular school session in five phases distributed evenly over five weeks. In phase 1, the school will reopen for staff to allow them time to make the necessary arrangements and ensure that school is ready to operate under the new normal. In subsequent phases, in-person classes will begin starting with A level in phase 2.

We are following the updates from the local and national government agencies and monitoring the situation in the city on a daily basis. In case there is an unforeseen outbreak, we have set up a rapid-task team in collaboration with block and district medical officers to ensure timely action. We will carry out a thorough examination of our facilities and assess the situation at the end of every school day and plan for the following day accordingly. We have also put contingencies in place to ensure continuation of learners' education without disruption.

| AUTOMATIC THERMAL SCANNER | HAND SANITIZER MACHINE |

FIRE SAFETY MANAGEMENT

'Disasters do not come with a pre nomination. Any disaster can cause a massive loss of life and property'

Schools are generally considered to be a safe haven for children and the greatest socializing institutions after the family. However, the recent experiences with natural disasters demonstrate the need for schools to be prepared for any kind of crisis.

It is important to note that there is a fundamental link between day-to-day emergency readiness and disaster preparedness. Schools that are well prepared for an individual emergency involving a student or staff member are more likely to be prepared for complex events.

HVB Global Academy has always believed in its goal 'GET SET FOR LIFE' and keeping this flame alive The National Level Fire and Evacuation Drill was conducted at the Mumbai University ground for its students and staff members in order to create awareness among the student about firefighting techniques and the prompt ways to respond swiftly in emergency situation. Mr. R. V. Bhonsle , Fire station from Nariman Point and K. A Kadam, The Chief Fire Officer, MCGM, BMC were invited to enlighten the students and the staff members on the need to avoid mishaps during disasters.

- ➢ Pre-requisite Ambulance from Bombay Hospital was called so that the students are aware of the First Aid that can be given in case of emergency.
- ➢ During the drill, fire officials guided students about the measures to be taken if a fire breaks out. They illustrated various types of fires and precautions to be taken in such cases. The firefighting team demonstrated how to rescue victims from the spot and showed how to enter a room in case of dense fire.
- ➢ A group of teachers armed with necessary paraphernalia required for fire fighting and rescue operations positioned themselves at vantage points to guide and assist the students in the mock fire and evacuation drill. The "evacuation" operation began moments after the fire alarm alerted the students. The students were immediately evacuated from their classrooms and asked to gather at the

University ground. The Mock Drill was carried out in the school to prepare students and teachers for any such eventuality under the fire risk reduction programme.Keeping all the safety measures in mind and carrying them out methodically, the entire building was successfully cleared within a span of 3 minutes. Students and faculty learnt important life saving tips from the demo.

➢ It was organized to check the readiness of the school to face any such fire emergency and also to make the students and staff aware about the Fire Fighting Rescue Operation, procedure and safeguards to be taken.

➢ Awareness campaign is frequently conducted on regular basis not only on fire but also earthquakes, floods and terrorists for all classes from Pre-Primary to XII.

➢ Teams including the staff like Site Safety Team; Transport Management Team and Media Management Team are formed.

Our School provides the following ==workshop sessions== for the children & parents:

- ==Police Didi an awareness campaign from Mumbai to safeguard students is what Indian schools NEED!==

While the nation and judiciary are struggling to safeguard kids and ensure the safety of students inside the school, Mumbai Police has come up with a campaign that has come as a breather for many parents in Mumbai, at least.

Under this initiative, women police officers are deployed to educate minors on how to be alert and prevent abuse and harassment and also raise an alarm under any threat.

The MHB Police Station conducted an awareness drive for the HVB Academy students of Pre- Primary and Std. VI & VII on 3rd July, 2018 entitled 'POLICE DIDI'. A police-women from the MHB Police station conducted this awareness campaign.

The main aim of this programme was to educate our young girls and boys on the importance of 'Good Touch' and 'Bad Touch'. Through an interactive question and answer session and a number of videos and cartoons, they taught the children about 'How to Be Safe' and 'How to Recognise Danger'. They educated the girls and boys on whom they could trust – their Bodyguard; and how they must always talk to their parents and teachers whenever they sense any kind of physical danger.

The children were also briefed on how to react in the event of any sudden and unexpected events. They were told about how the Police Department (Dial 100) and the Child Helpline Number (Dial 1098) was always at their service, if they were ever in trouble and that assistance would be provided immediately. We thank the MHB Police station for this very important initiative that they have taken up and for spending time in the midst of their packed schedule, to teach our HVBians very valuable lessons for life; and for assuring them that they always have someone to turn to, in their times of need.

"SAFETY IS NOT JUST A SLOGAN, IT'S A WAY OF LIFE"

Road safety is an issue of prime concern to all. Be it a pedestrian, rickshaw puller or any other vehicle driver, anyone can fall prey to the mishaps on roads.

The Road Safety Week was observed in HVB Global Academy from 11th January to 17th January, 2018 to focus attention on the importance of observing traffic rules in order to prevent accidents on the roads which take away thousands of precious lives every year across India. In response to the guidelines issued by the Safe Kids Foundation various activities were incorporated by the students from Pre-Primary to XII of ICSE and Cambridge Sections.

Posters with eye-catching slogans highlighting the observance of traffic rules were displayed on the bulletin boards at strategic points to draw the attention of the students towards 'Road Safety'. Drawing and Painting competition of the student were held in the class to spread awareness. The children were involved in essay writing on the topic of 'Road Safety'. Another event organized to mark this occasion was Creative Writing Session. The topic was "The Effects of Violation of Road Safety Rules". The students of ICSE class VIII reflected their feelings in the creative essay and expressed themselves to the hilt. It was a good effort to sensitize the coming generation on such a relevant topic.

An informative speech was given by the resource persons PSI Mr. Paradkar and Head Constable Mr. Lahare of Traffic Education Branch, Byculla, Mumbai. They discussed issues of rash driving, drunken driving, road rage with special mention about minor driving and also discussed the immediate causes and traumatic effects of impulsive behavior of the people on roads. The students came up with their queries and promised to follow the rules. They were also encouraged to reflect on how they would help in future to ensure road safety for all. The importance of obeying rules while travelling on the roads and the rules for the pedestrians were also highlighted.

The aim of these activities was to be concerned about people and their lives and not take it for granted. Students were sensitized about the issue of road safety so as to make them responsible road users. The safety week inspired students to act responsibly on the road and make Indian roads the safest in the world.

TRAFFIC POLICE GUIDING AND COUNSELLING OUR STUDENTS.

Mr. PHOTTE FROM TRAFFIC POLICE AT TRANSPORT COMMITTEE MEETING ALONG WITH THE BUS CONTRACTORS AND TRANSPORT COMMITTEE MEMBERS

Name of the facilitator: Ms. Sonali Patankar and Mr. Unmesh Joshi
                                    (Ahaan Foundation – Responsible Netism)
Number of sessions: 4 (2 sessions with parents and 2 session with the children
                                    grade 6 &7, and 8 to 12)
Date of the session: 28th July and 16th August, 2017
Venue: School Hall
Target groups:

- **students grade 5 to 12 (ICSE and CIE)**
- **parents grade 4 to 12 (ICSE and CIE)**

Medium of instruction: English and Hindi
Objective:
To sensitize the students and parents about cyber threats, to create a cyber safe world and to be responsible for their online behavior.

The Process of the sessions:
The facilitator used Power Point Presentation for their presentations. They quickly built rapport with the students and got connected to the student's world with the help of the language the students usually communicate within themselves.
The facilitator began with the session by introducing themselves to be associated with the Indian Police and cyber cell as well as the Interpol. They made the audience aware that the cyber cell is situated at the Commissioner's Office, Crowford Makrket, South Mumbai and at the Bandra-Kurla Complex in Western Mumbai Suburbs and has a cyber forensic labs to search for cyber criminals.
The facilitator oriented the parents as well as students about:
    1. **Cyber crime:**

a. Hacking (using others account without permission). Can be mild to severe- EXAMPLE:
    i. using parents' phone,
    ii. mobile data hacking,
    iii. hacking someone's email account connected to the bank
b. stalking (following without consent with the help of location updates)
c. morphing (To change one's image to another to defame or harass a person- can be done with only high mega pixel pictures)
d. cyber bullying (happens within children unknowingly)
e. phishing- fraud mails using bank names
f. spoofing- asking for personal details. Eg- adhar card number, pan card number etc
g. banking frauds- asking for OTPs
h. using pictures of the babies and children for child pornography
i. software piracy,
j. net extortion
k. cyber terrorism
l. lottery scams

2. unhealthy behavior leading to threats on the internet
    a. chatting with strangers on the gaming sites, social networking sites,
    b. Banking and using social networking sites on the free wifi.
    c. Updating every location on the social networking sites
    d. Updating status under the influence of emotional states
    e. Expressing personal anger, guilt or other negative emotions on internet against the other person or the loved one on the social networking sites
    f. Using high definition pictures (selfies) as the display pictures or uploading it on the social networking pages without privacy setting
    g. Not making privacy checkups
    h. Uploading pictures for maximum likes and comments on social networks
    i. Making friends with stranger to increase the number of friends on the social networking sites
    j. Playing unhealthy and inappropriate games
    k. Uploading children's pictures on social networking sites without understanding the threat that they can be used for child pornography
    l. Using Apps like True Caller
    m. Agreeing to provide contacts while uploading the apps on the mobile phones
    n. Signing on the dating sites by revealing the locations and contacts
    o. Over sharing about personal lives (geo tagging, check - ins and posting selfies) and whereabouts on social media such as facebook, instagram, twitter and snapchat.

3. Potential (physical and mental) negative consequences of the internet:
    a. Strangers can encroach into one's private space because of the location updates on the social networking sites,
    b. selfies reveal a lot of one's personality and choices to the strangers
    c. Threats of theft, kidnapping as well as sexual assault with the help of chatting on the global game platforms with   strangers and making friends with strangers on social networking sites.
    d. children exposed to violent media show that they may have become numb to violence, imitate the violence in the real life, show more aggressive thoughts and behavior in their way of thinking, can be traumatized and have poor quality of sleep and appetite.
    e. Negative Mental condition- low self-esteem, inappropriate social behavior, violence as a way to solve problem, low frustration tolerance, unexpected expectations about sex.
    f. Mental illness like – Depression, Anxiety, internet Addiction e.g- angry bird syndrome, deviant sexual behaviors,
    g. Digital infidelity and multiple romantic relationships

4. IPC and IT laws and Acts, were displayed and read to the students.
5. The children are liable for punishments – remand homes
6. Importance of IP addresses and other search operations that the police uses was discussed.

To nurture their child's mental health, the parents were equipped with ways, they can help their children enjoy the virtual games, and the social networking sites like:
    a. Communicating and discussing with their children regularly
    b. Spending quality time with their children
    c. Managing the online gaming time along with outdoor games and studies
    d. Setting clear rules and consequences,
    e. playing with their children online
    f. acquainting themselves with the cyber space
    g. accepting of they are unaware of the latest cyber update to the children
    h. monitoring online interactions of the children,
    i. creating child's safe profile on the phone or PC
    j. refraining from saving the adult information on the phones that are used by children
    k. regularly orienting children about potential dangers of Internet contacts while playing games online,
    l. following the privacy checks
    m. creating profile and ids separate for the wi-fi connections.

n. providing the child safe engines for children,
o. Managing and facilitating cyber interaction of the children only in public areas of the home and not in the child's bedroom and enforce total screen time limits for the child.

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At the end of all the sessions the audience was given the opportunity to ask questions, doubts and concerns about the internet usage.